

Introduction to Food and Wine Pairing

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By Jeremy Slagle

For years diners have been stifled by dogmatic and over generalized rules of food and wine pairing. White with fish or chicken, and red with meat. Clearly if this were sufficient treatment of this topic the discussion wouldn't have continued this long. This being said, how does one know which wine will compliment which dish? The short, clichéd answer is always the one that you will enjoy the most. But obviously this raises many more questions than it answers.

To read the full story [Introduction to Food and Wine Pairing](#), click here.